



TEACHING THE TOOLS TO MANAGE AND UNDERSTAND
OUR OWN WELLBEING

We believe that managing well-being needs to be taught, not just advised, so that young people can achieve their full personal and academic potential. As a result, we have established 'Tools For Thought', a network that develops workshops to empower young people to manage their mental health.

We have some really exciting ideas, lots of support which spreads nationally and a decent amount of funding to get us started. However, we have learned that we can't do it alone. In order for the network to reach its full potential and to support as many young people as possible, we need a group of likeminded individuals who share our values and want to work together to get 'Tools For Thought' off the ground.

We have discussed the potential structure of the network and have come up with the roles outlined below. If you see yourself in one of these roles, amazing! If you don't, please don't be put off; this is a fluid idea and is up for discussion. We want to collaborate to make this structure functional, effective and fit to meet the needs of all members.

Jenna and Nat (Co-Founders of Tools for Thought.)

Roles:

Illustrator

- **We are looking for someone creative who can design digital images in keeping with the Tools for Thought branding and colour schemes to be used in our workshops.**
- Currently, our workshops have plenty of fantastic activities, but no images to go alongside them. We need somebody who will add to our workshops with their **creativity** and knack for **digital design**.
- **Self-motivated, excellent initiative.** The successful candidate will have a **passion** for illustration which drives them to turn great ideas into inspiring content. They will be capable of keeping to deadlines and have a desire to show off their ability. **Flair** and **originality** are encouraged!
- **Big picture, little picture.** A strategic vision in conjunction with tactical planning will mean we have illustrations ready to support our online content. The successful candidate will be able to organise short and long-term plans with defined **goals, roles, priorities, and timelines**.
- Ideally, this candidate will have an understanding of our **mission, message and branding**. **Tools for Thought** aims to promote healthy mental and physical well-being in young people, so our branding and illustrations should **instil positivity** and **generate excitement**!

- This is an unpaid, entry-level role perfect for somebody looking to **expand their illustration portfolio**. The successful candidate will be able to rely on supportive colleagues who will work cooperatively and are ready to provide constructive feedback on their illustrations.

If you'd like to be part of our mission, please register your interest using this link:

<https://forms.gle/Vwwe7XVGpyifuewC7>

and email toolsforthoughtnr@gmail.com with a taster of your illustrative style.

Thank you!